



Jigsaw SRE Meeting

Wednesday 20th June 2018



Aims

To provide the context, principles and practice for teaching high quality Relationships and Sex Education

To become familiar with the Jigsaw 'Relationships' and 'Changing Me' Puzzles, the materials and approach

To experience and share some interactive teaching/learning techniques

What is Jigsaw?

A **whole school programme**, which comprises

- The Jigsaw Approach, underpinned by **mindfulness**
- This is a whole school approach which integrates PSHE, emotional literacy, social skills and spiritual development.
- Our topic for this half term is 'Changing Me' and covers the Relationships and Sex Education (RSE) aspect of the PSHE curriculum. This unit aims to give children their entitlement to information about relationships, puberty and human reproduction, appropriate to their age and stage of development. It is delivered in a matter-of-fact and sensitive manner to allay embarrassment and fear and helps children to cope with change, including puberty, and to learn about families, friendships and healthy relationships.
- More information can be found on the Jigsaw website



Changing Me – Years 5 & 6

- **Year 5 and Year 6:** puberty, menstruation and conception (Year 6 – understanding from conception to the birth of a baby)
- All lessons are taught using simple, child-friendly language and pictures. At no point will a child be taught anything that is inappropriate. If any questions arise that cover content outside of a child's year group, their teacher will encourage them to discuss this question with their parent.
- From September 2019, Relationships Education will become statutory in Primary schools. Currently parents/carers have the right to withdraw their child from the RSE included in PSHE curriculums as this is a non-statutory subject. However, they are not permitted to withdraw their child from the Sex Education included in the National Curriculum Science Orders as Science is a statutory subject.

Charter

What will make this a safe and positive learning environment for us today?

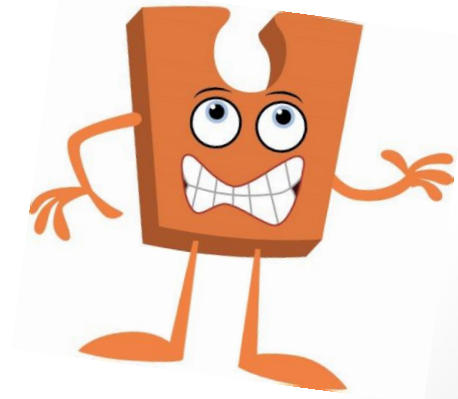
We all have different opinions

We have the right to speak

We have the right to say nothing (right to pass)

Respect the person, not necessarily the opinion

Why is this vitally important in RSE lessons?



Today's considerations

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- The internet
- Television
- Social media
- Other media
- Friends
- Family
- School

Relationships Education

Year Group	Relationships content
F1 and F2	Families, friendships, falling out and bullying, being good friends
1	Families, making friends, greetings (physical contact), people who help us, being my own best friend, celebrating special relationships
2	Families, keeping safe (physical contact), friends and conflict, secrets, trust and appreciation, celebrating special relationships
3	Family roles and responsibilities, friendships, keeping myself safe, being a global citizen, celebrating my web of relationships
4	Relationship web, love and loss, memories, special animals, special pets, celebrating relationships with people and animals
5	Recognising 'me', getting on and falling out, girlfriends and boyfriends, relationships and technology
6	Relationship web, love and loss, power and control, being safe with technology

Sex Education in the Jigsaw PSHE scheme

Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – how this happens (animations used – the Female Reproductive System)
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	The story of pregnancy and birth (animations used – the Female and Male Reproductive Systems)

Year 5

3 sessions beginning next week

- **Puberty** – understanding how girls and boy's bodies change during puberty (including menstruation)
- Animations will be used to support girl talk/boy talk. Children will work in gender groups to discuss/explore following class discussion.
- Follow up session for girls with Miss Tucker
- **Conception**

Year 6

3 sessions from w/c 2nd July

- **Boy Talk and Girl Talk** (boys and girls to receive a separate session). Following on from Y5, Girl talk to include menstruation
- **Puberty** – recapping on Year 5 content around how bodies change
- **Conception to birth**

Delivery

- Class Charters including ground rules established prior to sessions
- Use of discussion cards
- Short, scientific animations
- True/false statements to dispel myths
- Scientific diagrams and vocabulary to back up learning